Are we going to make it? If enough of us do our own work.

If you bring forth what is within you, what you bring forth will save you. If you fail to bring forth what is within you, what you fail to bring forth will destroy you.

Jesus in the Gospel of Thomas

What is spiritual practice?

Mindfulness practice

Waking up this morning I smile. Twenty-four brand new hours are before me. I vow to live each moment fully And to look at all beings With eyes of compassion.

Hidden in Plain Sight

The thought manifests as the word; The word manifests as the deed; The deed develops into habit; And habit hardens into character. So watch the thought and its ways with care, And let it spring from love Born out of concern for all beings.

#1 NEW YORK TIMES BESTSELLER

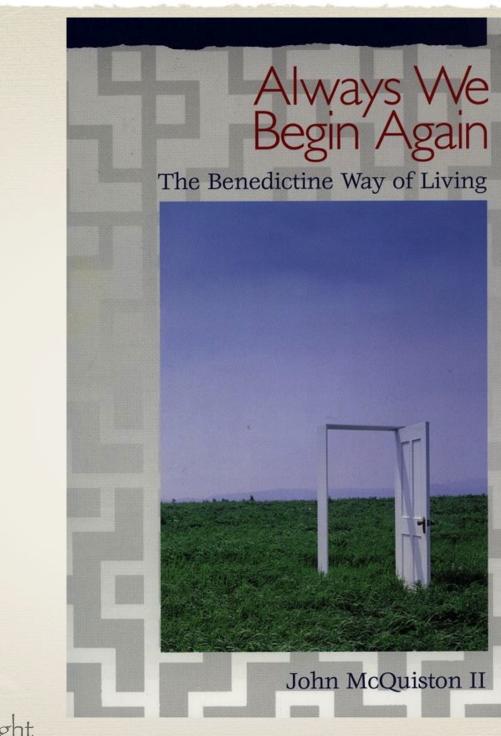
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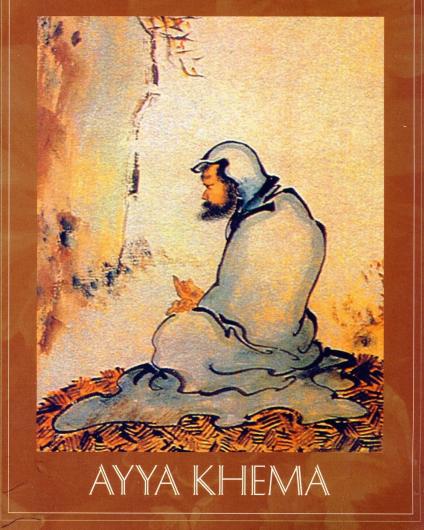
Hidden in Plain Sight

MICHAEL A. SINGEF



BEING NOBODY GOING NOWHERE

MEDITATIONS ON THE BUDDHIST PATH



What is spiritual practice?

Mindfulness practice Intellectual stimulation Acts of compassion

Hidden in Plain Sight

The Shadows that have us captured -

Patriarchal Foundation



Hidden in Plain Sight

The Shadows that have us captured -

Patriarchal Foundation A Flawed Creation Obedience and Submissiveness A Belief in Redemptive Violence

Hidden in Plain Sight

Stars are always available for us to see but we can only see them if we go into the dark.

Achieving Meaning in Life Requires

Daily discipline or practice Increased personal responsibility

Great courage





fierce \'fi(ə)rs\ adj. robust, intense, strong, powerful, passionate, eager, unbridled

Conversations

Achieving Success at Work & in Life, One Conversation at a Time

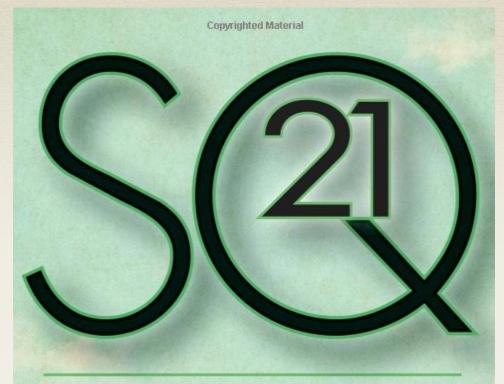
Act with COURAGE, CARE, and CONFIDENCE

FIELCE

SUSAN SCOTT

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> --From the Foreword by Ken Blanchard, Ph.D.



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CINDY WIGGLESWORTH

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