THE OX-HERDING PICTURES

The Ox represents our Original or True Self

The man represents the person on the "spiritual quest."



Hidden in Plain

The central truth of and for spiritual practice is "paying attention" and developing the resources to be present to "what is."

Central to this spiritual practice is growing in the capacity to be non-judgmental.









Hidden in Plain



Hidden in Plain Sight



Hidden in Plain



Hidden in







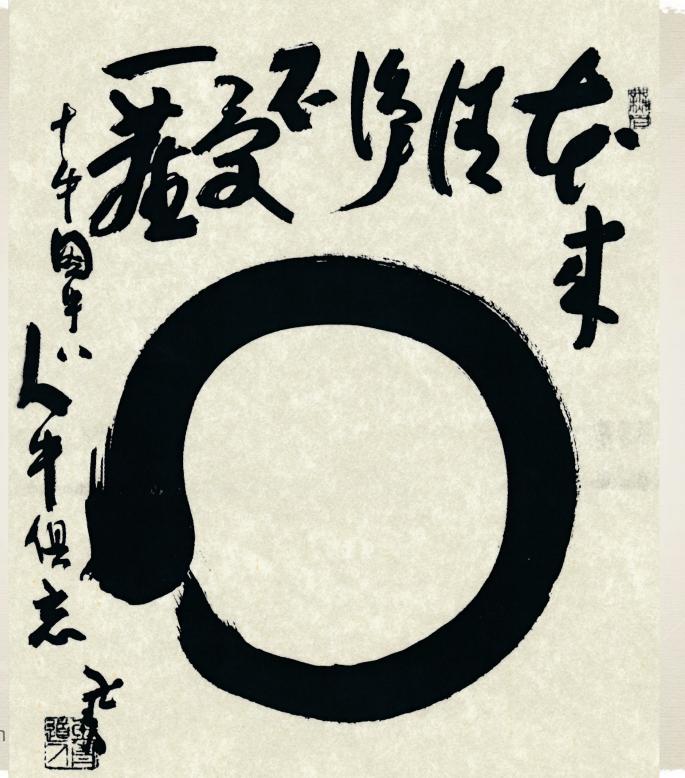


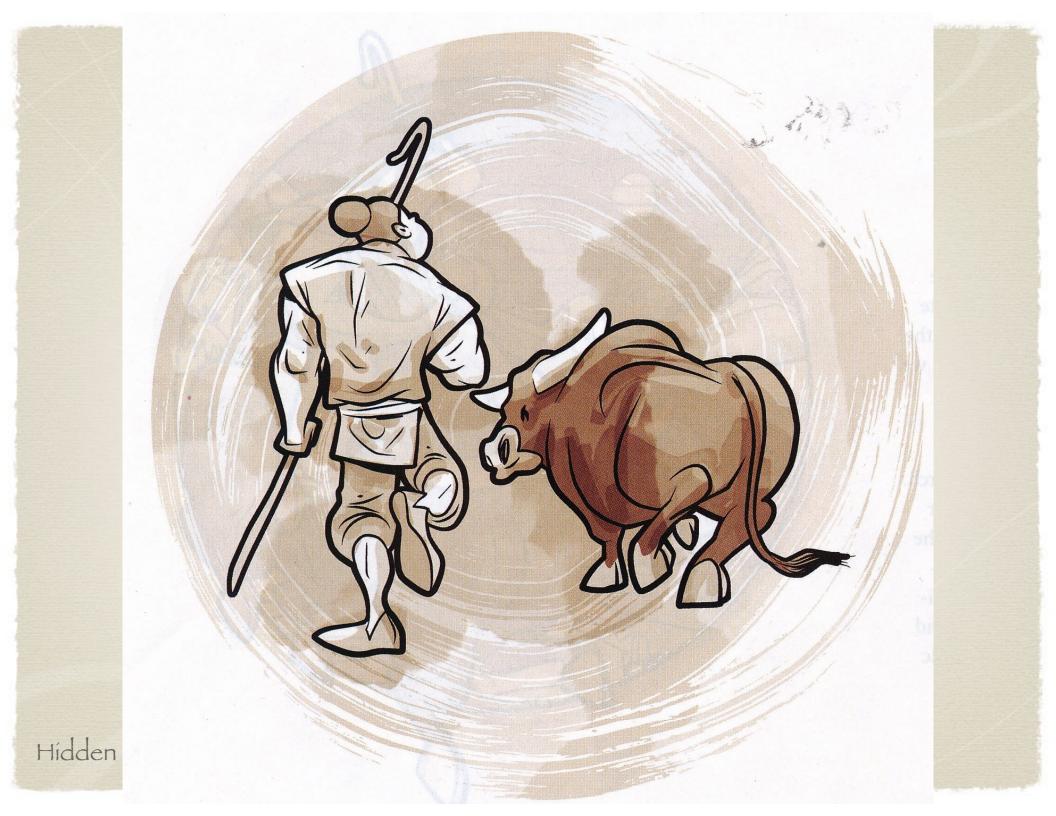


Hidden in Plain



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