

## **Book Recommendations**

Emotionally Focussed Couples Therapy for Dummies by Brent Bradley

Why Marriages Succeed or Fail and What You Can Do to Get Yours to Last by John  
Gottman

The Relationship Cure: A Five-Step Guide to Strengthening Your Marriage, Family and  
Friendships by John Gottman

Finding Meaning in the Second Half of Life: How to Finally, Really Grow Up by James  
Hollis

Deep Living: Transforming Your Relationship to Everything that Matters Through the  
Enneagram by Roxanne Howe-Murphy

Hold Me Tight: Seven Conversations for a Lifetime of Love by Sue Johnson

How to Be An Adult in Relationships: The Five Keys to Mindful Loving by David Richo

Non-Violent Communication: A Language of Life: Life-Changing Tools for Healthy  
Relationships by Marshall Rosenberg

Fierce Conversations: Achieving Success in Work and In Life One Conversation at a  
Time by Susan Scott

Intimacy and Desire: Awaken the Passion in Your Relationship by David Schnarch

Get Financially Naked: How to Talk Money to Your Honey by Thakor and Kedar

The Millionaire Next Door by Stanley and Danko

The Wisdom of the Enneagram: The Complete Guide to Psychological and Spiritual  
Growth for the Nine Personality Types by Riso and Hudson

The Enneagram in Love and Work: Understanding Your Intimate and Business  
Relationships by Helen Palmer

Know Your Type app for smart phone by Ginger Lapid-Bogda available on iTunes